



# The 7<sup>th</sup> ANNUAL ST. PATRICK 5K ROAD RACE & KID'S SPRINT

To benefit St. Patrick School



**DATE/START:** SATURDAY, JUNE 6, 2009 - 9:00 a.m. ~ Kid's Sprint 10:30 a.m.

- On-Site Registration/Check-In begins at 8:00 a.m.

**PLACE:** St. Patrick School, 16 Main Street, Pelham, NH

**COURSE:** Beginning and ending at St. Patrick School. The course will be well marked. One water stop.

**EARLY REGISTRATION: (Ends 6/1/09)**

- \$17 - Adults (*\$22 on Race Day*)
- \$12 - Children - Age 12 & Under (*\$17 on Race Day*)
- \$5 - Kid's Sprint - Age 9 & Under (Sprint participants will not receive a T-Shirt but will receive a prize at the finish line)

**AWARDS:**

- FREE PAIR of Saucony running shoes will be awarded to the FIRST Male and Female finishers.
- Prizes will be awarded to the TOP Male and Female finishers in the following age groups: 12 & Under, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 & Over.

**RAFFLE PRIZES:** Available to all 5K registered participants.

**CONTACT:** Pam McCarthy at 603-860-6024 or [pamski419@aol.com](mailto:pamski419@aol.com)

**\*\* First 200 to register will receive a FREE T-Shirt and a pair of Double Layer Socks from WRIGHTSOCK \*\***

Mail Check Payable To: St. Patrick School  
 Attn: 5K Race - Pam McCarthy  
 16 Main Street  
 Pelham, NH 03076

Do Not Mail After 6/1/09

Name \_\_\_\_\_ Shirt Size S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_ Age On Race Day \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ 5K Run/Walk \_\_\_\_\_ Kid's Sprint (No T-Shirt) \_\_\_\_\_

**READ WAIVER BEFORE SIGNING:** I know that running/walking are potentially hazardous activities. I should not enter or run/walk this event unless I am medically able and properly trained. I assume all risks associated with running in this race including, but not limited to falls, contact with other participants, the effects of weather, including heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release St. Patrick's School and Church, Town of Pelham and all sponsors their representative and successors from all claims or liabilities of any kind arising out of my participation in the event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are non-refundable.

SIGNATURE OF ENTRANT

DATE

IF UNDER 18, PARENT OR GARDIAN